

P1752 Sleep Schema Subgroup Meeting

Sponsored by IEEE Engineering in Medicine & Biology (EMB) Standards Committee

- 6 Dec 2019
- Teleconference

Attendance

- Put your name and affiliation in the chat window for attendance today.
- If you are joining only via phone, please email <u>charlotte.chen@philips.com</u> with "P1752 Sleep Schema Subgroup call" as subject
- The document shows attendance is under https://ieee-sa.imeetcentral.com/omh/folder/WzlwLDEwMjY4MDg1XQ/.
 - --If you attended the call, please verify that your name is listed
 - --If you name is not listed, either edit the document above or email charlotte.chen@philips.com



Agenda

- 1. Attendance
- 2. Modified timelines
- 3. Status updates
- 4. Review comments on the 1st batch of quantitative schemas
- 5. Discuss/Comment on upcoming schema review calls
- 6. Action Items
- 7. Q&A

Sleep Schema Subgroup Deliverables

- Clinically important sleep attributes
- Common sleep attributes of the existing relevant devices and apps
- Standard Comparison Report (Review and mapping)
- Proposed sleep schemas (modified and new) and use cases (quantitative and qualitative)
- (1) Quantitative Measurement Schemas (including macrostructure, microstructure and etc.)
- (2) Qualitative Measurement Schemas (including subjective sleep experience, other sleep related phenomena and etc.) --- Pivoted: Draft a set of sleep survey questions and schema(s) to cover various of survey question/answer types



Timeline for Stage2 Remaining Work

-Complete addressing comments for Quantitative Sleep Schemas by May 12, 2019

-Complete reviewing Qualitative Measure Schemas by May 31, 2019

-Validate Quantitative Schemas by Oct 28, 2019

-Draft Qualitative Measure Schemas by Nov 19,

-Review/Discuss/Address WG comments on 1st batch Quantitative Schemas by Nov 26/Dec 5/Jan 6, 2020

-Distribute Survey Schemas by (TBD by WG)



Status Update

- ➤ Reviewed and summarized WG review comments on 1st batch schemas (details on the next slide)
- ▶ Presented the main WG comments on 1st batch in WG meeting on Nov 26
- ➤ Prepared the 2nd batch quantitative schemas
- ➤ Introduced the 2nd batch schemas in WG meeting on Nov 26
- > Qualitative schema review introduction on hold



Review Comments on 1st Batch Quantitative Schemas

Review Comments on ambient-light Schema

1	Schema Line or Line Range	Comments	Date (comment)	Email Address of the person who made comments	Resolution		
÷	Schema zine or zine nange	Suggest to have description	bate (comment)	Wild Hade comments	nessiation		
		read simply: This schema					
		represents the ambient light					
		(the rest is in the schema					
		itself and having too many					
		details here may create					
2	4	update mismatches later)	7-Mar	simona.carini@ucsf.edu			
_		the description does not	, <u>a</u> .	2111011a1ca1111Caca			
		match the object, because the					
3	28	wavelength is optional	11/15/2019	simona.carini@ucsf.edu			
		The text "The wavelength					
		might have specific					
		physiological impact to a					
		person and its intensity might					
		affect the degree of the					
		specific impact." is not a					
		description; it may go into the					
4	28	use case	11/15/2019	simona.carini@ucsf.edu			
		remove definition since it is					
		not used to define any					
5	21	property	11/20/2019	simona.carini@ucsf.edu			
6	sample data	unit of measure is lx	11/15/2019	simona.carini@ucsf.edu			
		I recommend to clearly					
		separate the instances,					
7	sample data	possibly one per file	11/15/2019	simona.carini@ucsf.edu			
		I also recommend having one					
		instance that shows only the					
8	sample data	required data elements	11/15/2019	simona.carini@ucsf.edu			

```
₽{
           "$schema": "http://json-schema.org/draft-07/schema#",
           "description": "This schema represents measurement of ambient light. It could be either a single measurement or the result of aggregated measurements over the time",
           "type": "object",
           "definitions": {
 8
               "illuminance_unit_value": {
                    "$ref": "illuminance-unit-value-1.0.json"
10
11
                "length_unit_value": {
12
                    "$ref": "length-unit-value-1.x.json"
13
14
15
                "time frame": {
                    "$ref": "time-frame-1.x.json"
16
17
                "descriptive_statistic": {
18
                    "$ref": "descriptive-statistic-1.x.json"
19
20
                "descriptive statistic denominator": {
21
                    "$ref": "descriptive-statistic-denominator-1.x.json"
22
23
24
25
            "properties": {
26
                "ambient light": {
27
                    "description": "An array of individual light wavelength and its intensity to describe the composition of the ambient light. The wavelength might have specific
28
                    "type" : "array",
29
                    "items": [
30
31
```

physiological impact to a person and its intensity might affect the degree of the specific impact.",

```
"type": "object",
32
                             "properties": {
33
                                 "wavelength": {
34
                                     "allOf": [
35
36
                                              "$ref": "#/definitions/length_unit_value"
37
38
39
                                              "properties": {
40
                                                  "unit": {
41
                                                       "enum": [
42
                                                           "nm"
43
44
45
46
47
48
49
                                 "intensity": {
50
                                     "$ref": "#/definitions/illuminance_unit_value"
51
52
53
                             "required": [
54
                                 "intensity"
55
56
57
58
59
                "effective_time_frame": {
60
                     "$ref": "#/definitions/time frame"
61
62
                "descriptive_statistic": {
63
                     "$ref": "#/definitions/descriptive_statistic"
64
65
66
            "required": [
67
                "ambient_light",
68
69
                "effective_time_frame"
70
71
```

```
□{
□-□-
□-□-
          "ambient_light": [
              "wavelength": {
                "value": 440,
                "unit": "nm"
              "intensity": {
                "value": 9.8,
 9
10
                "unit": "lux"
11
12
13
14
              "wavelength": {
15
                "value": 453,
16
                "unit": "nm"
17
18
              "intensity": {
19
                "value": 10.1,
                "unit": "lux"
20
21
22
23
24
              "wavelength": {
25
                "value": 461,
26
                "unit": "nm"
27
28
              "intensity": {
29
                "value": 10.8,
                "unit": "lux"
30
31
32
33
          "effective_time_frame": {
34
35
              "date_time": "2019-02-06T23:00:00Z"
36
37
```

```
38
39
     "ambient light": [
40
41
       "intensity":{
42
43
       "value": 10.8,
       "unit": "lux"
44
45
      ....l
46
       minh
47
48
       "effective time frame": {
49
       "time_interval": {
            "start date time": "2019-02-05T23:00:00Z",
50
       "end date time": "2019-02-06T06:00:00Z"
51
52
       him
53
       "descriptive statistic": "average"
54
55
56
57
       "ambient_light": [
58
59
       "wavelength": {
60
       "value": 450,
61
62
63
64
       "intensity": {
65
       "value": 10.2
       "unit": "lux"
66
67
       minhor
68
69
       "effective time frame": {
    "time interval": {
70
71
       "start date time": "2019-02-05T23:00:00Z",
72
       "end date time": "2019-02-6T06:00:00Z"
73
74
75
       "descriptive statistic": "average"
76
77
```

Review Comments on ambient-sound Schema

_				5!! Add		
	Sahama lina antina Banas	Comments	Data (same ant)	Email Address of the person who made comments	Resolution	Data (secolution)
_	Schema Line or Line Range	comments	Date (comment)	who made comments	Resolution	Date (resolution)
					20 Nov: propose this is	
					required to support both	
					average and peak (max - for	
					transient noise intrusion)	
					sound levels. 28 Nov: after	
					discussion agreed that	
		unclear why descriptive			descriptive_statistic this	
		statistic is a required element:			should be optional to support	
		if the datapoint is a single			both point-in-time and time	
		measurement there is no			interval measures i.e.	
2	34	statistic, is there?	11/15/2019	simona.carini@ucsf.edu	absolute and avg/min/etc	11/28/2019
		Related to the comment				
		above: I recommend to show				
		an instance of an individual				
3	sample data	measurement	11/15/2019	simona.carini@ucsf.edu	Amended as suggested	11/28/2019
		the schema represent sound				
		unit of measure. Also, the unit				
		description should descibe				
		what dB is and why there are 2 different units (I have				
		updated the link to UCUM so it				
4	sound unit value: line 4 and 10		11/15/2019	simona.carini@ucsf.edu		
5	Journal affic Value, fille 4 affa 10	Sees to the right paragraphy	11, 13, 2013	3111011d1d11111@dc311Cdd		
6	schema	no comment	11/27/2019	shiv.hiremath@temple.edu		
	Sample data	no comment		shiv.hiremath@temple.edu		

```
₽{
 2
            "$schema": "http://json-schema.org/draft-07/schema#",
            "description": "This schema represents the ambient sound",
            "type": "object",
           "definitions": {
                "sound unit value": {
                    "$ref": "sound-unit-value-1.x.json"
10
                "time frame": {
11
                    "$ref": "time-frame-1.x.json"
12
13
                "descriptive_statistic": {
14
                    "$ref": "descriptive-statistic-1.x.json"
15
16
17
18
            "properties": {
19
                "ambient sound": {
20
                    "$ref": "#/definitions/sound_unit_value"
21
22
                "effective_time_frame": {
23
                    "$ref": "#/definitions/time_frame"
24
25
                "descriptive_statistic": {
26
                    "$ref": "#/definitions/descriptive_statistic"
27
28
29
30
            "required": [
31
32
                "ambient_sound",
33
                "effective_time_frame"
34
35
```

```
"ambient_noise": {
               "value": 75,
               "unit": "dB"
            "effective_time_frame": {
                    "date_time": "2019-02-05T06:00:00Z"
 8
 9
            "ambient_noise": {
               "value": 70,
               "unit": "dBA"
            "effective_time_frame": {
                "time_interval": {
 8
                    "start date time": "2019-02-05T06:00:00Z",
 9
                    "end date time": "2019-02-06T06:00:00Z"
10
11
            "descriptive_statistic": "average"
12
13
14
15
16
            "ambient_noise": {
       "value": 90,
17
        "unit": "dBA"
18
19
            "effective time frame": {
20
               "time_interval": {
21
       "start date time": "2019-02-05T06:00:00Z";
"end date time": "2019-02-06T06:00:00Z"
22
23
24
25
        "descriptive statistic": "maximum"
26
27
```

Review Comments on ambient-temperature Schema

				Email Address of the person		
1	Schema Line or Line Range	Comments	Date (comment)	who made comments	Resolution	Date (resolution)
2	schema	no comment		shiv.hiremath@temple.edu		
3	Sample data	I liked that the sample data was		shiv.hiremath@temple.edu		
4	-					
5						
6						
7						
8						
9						
10						
11						
12						
13						
14						
15						
16						
17						
18						
19						
20						
21						

```
₽{
2
           "$schema": "http://json-schema.org/draft-07/schema#",
           "description": "This schema represents the ambient temperature",
           "type": "object",
           "references": [
 6
                    "description": "The SNOMED code represents Ambient temperature (observable entity)",
 8
                    "url": "http://purl.bioontology.org/ontology/SNOMEDCT/250825003"
10
11
            ],
12
           "definitions": {
13
                "temperature unit value": {
14
15
                    "$ref": "temperature-unit-value-1.x.json"
16
               "time frame": {
17
                    "$ref": "time-frame-1.x.json"
18
19
               "descriptive statistic": {
20
                    "$ref": "descriptive-statistic-1.x.json"
21
22
23
24
           "properties": {
25
                "ambient temperature": {
26
                    "$ref": "#/definitions/temperature unit value"
27
28
               "effective_time_frame": {
29
                    "$ref": "#/definitions/time_frame"
30
31
               "descriptive_statistic": {
32
                    "$ref": "#/definitions/descriptive statistic"
33
34
35
           },
36
           "required": [
37
               "ambient temperature",
38
               "effective_time_frame"
39
40
41
```

```
□{
            "ambient_temperature": {
                "value": 75,
                "unit": "F"
            "effective_time_frame": {
                "date_time": "2013-02-05T07:25:00Z"
10
11
12
        "ambient_temperature": {
       "value": 75.
"unit": "F"
13
14
15
         "effective time frame": {
16
17
            "time_interval":.{
        "start date time": "2015-02-05T06:00:00Z".
"end date time": "2015-02-06T06:00:00Z"
18
19
20
21
22
       "descriptive statistic": "average"
23
```

Review Comments on sleep-onset-latency Schema

				Email Address of the person		
1	Schema Line or Line Range	Comments	Date (comment)	who made comments	Resolution	Date (resolution)
		Remove restriction of				
2	26-36	duration units	11/19/2019	simona.carini@ucsf.edu		
		add description: should be the same across all schemas, something along the lines of "Whether the data refers to				
3	50	the main sleep episode(s)."	11/19/2019	simona.carini@ucsf.edu		
4	sample data	separate each instance into its own file	11/19/2019	simona.carini@ucsf.edu		
6	schema	no comment	11/27/2019	shiv.hiremath@temple.edu		
		I wonder if an example with False will be helpful as an		-		
7	Sample data	example	11/27/2019	shiv.hiremath@temple.edu		
8						

```
⊟{
           "$schema": "http://json-schema.org/draft-04/schema#",
           "type": "object",
 3
           "description": "This schema represents sleep onset latency, i.e. the amount of time between when a person starts to want to go to sleep and sleep onset."
           "references": [ ],
 6
           "definitions": {
 8
                "duration unit value": {
                    "$ref": "duration-unit-value-1.x.json"
10
11
                "time frame": {
                    "$ref": "time-frame-1.x.json"
12
13
                "descriptive_statistic": {
14
                    "$ref": "descriptive-statistic-1.x.json"
15
16
                "descriptive_statistic_denominator": {
17
                    "$ref": "descriptive-statistic-denominator-1.x.json"
18
19
20
           "properties": {
21
                "sleep onset latency": {
22
                    "allOf": [
23
24
                            "$ref": "#/definitions/duration_unit_value"
25
26
                        },
27
                            "properties": {
28
                                "unit": {
29
                                    "enum": [
30
31
                                         "sec",
32
                                         "min",
                                         "h"
33
34
35
36
37
38
39
```

```
Ė
                "effective time frame": {
40
                    "description": "As a measure of a duration, sleep onset latency should not be associated to a date time frame. Hence, effective time frame i
41
                    "allOf": [
42
43
                            "$ref": "#/definitions/time frame"
44
45
46
                            "required": ["time_interval"]
47
48
49
50
                "is_main_sleep": {
51
                    "type": "boolean"
52
53
                "descriptive_statistic": {
54
                    "$ref": "#/definitions/descriptive_statistic"
55
56
57
                "descriptive_statistic_denominator": {
58
                    "any0f": [
59
                            "$ref": "#/definitions/descriptive_statistic_denominator"
60
61
                        },
62
                            "description": "If the value needed is a standard unit of duration, select from the duration-unit-value value set.",
63
                            "type": "string"
64
65
66
67
68
69
           "required": [
70
                "sleep_onset_latency",
71
                "effective_time_frame"
72
73
74
```

```
□{
□
          "effective_time_frame": {
              "time interval": {
                  "start_date_time": "2018-02-05T21:35:00Z",
                  "end_date_time": "2018-02-05T39:05:00Z",
          "sleep_onset_latency": {
9
              "value": 17.5,
              "unit": "min"
10
11
          "is_main_sleep": true
12
13
14
15
          "effective time frame": {
16
              "time_interval": {
17
               "start_date_time": "2018-04-05T21:35:00Z",
18
       "end date time": "2018-05-05T22:00:00Z",
19
20
       mm
21
           "sleep onset latency": {
22
       "value": 15.25,
23
       "unit": "min"
24
25
       "is main sleep": true
26
27
       "descriptive statistic": "average",
       "descriptive statistic denominator": "d"
28
29
30
```

Review Comments on time-in-bed Schema

				Email Address of the person		
1	Schema Line or Line Range	Comments	Date (comment)	who made comments	Resolution	Date (resolution)
		David's earlier comment has				
		not been really addressed and				
		should be discussed: if the				
		measure has value, then the				
		description should be more				
		precise as to what TIB includes				
2	4	and excludes	11/19/2019	simona.carini@ucsf.edu	Amended the description	1-Dec-1
		see my comment on the				
		previous version of the				
		schema: remove time unit				
3	26-36	restrictions	11/19/2019	simona.carini@ucsf.edu	Removed	1-Dec-19
		see comments in other				
		schemas: add description of				
4	50	this data element	11/19/2019	simona.carini@ucsf.edu	Added	1-Dec-19
		please use valid unit of				
5	sample data	measure for hours (h)	11/19/2019	simona.carini@ucsf.edu	Corrected	1-Dec-19
		please separate instances into				
		different files and remove				
		hanging comma after "true" in				
		the second instance; I'd				
		recommend to have one				
		instance that includes only the				
6	sample data	required elements	11/19/2019	simona.carini@ucsf.edu		
		please add one sample				
		instance showing a case of				
7	sample data	aggregate measure	11/19/2019	simona.carini@ucsf.edu		
8						
		I wonder if "s" is the SI unit for				
		"sec". Or maybe for				
		enumeration "sec"				
	Schema	abbreviation is OK	11/27/2019	shiv.Hiremath@temple.edu		
10						
11	sample data	no additional comments	11/27/2019	shiv.hiremath@temple.edu		

```
"$schema": "http://json-schema.org/draft-07/schema#",
 2
            "type": "object",
            "description": "This schema represents time in bed. an interval derived from the time the person went to bed and the time they got up out of bed. It does not
            "definitions": {
                                                2
                "duration unit value": {
                                                4
                                                       include extended periods out of bed other than brief interruptions. If the person gets out of bed in the middle of
                    "$ref": "duration-unit-
                },
                                                                   the sleep session to watch TV for example this period of time should be subtracted from time in bed",
                "time frame": {
10
                    "$ref": "time-frame-1.x.json"
11
12
                "descriptive statistic": {
13
                    "$ref": "descriptive-statistic-1.x.json"
14
15
                "descriptive statistic denominator": {
16
                    "$ref": "descriptive-statistic-denominator-1.x.json"
17
18
19
      -----
            "properties": {
20
                "time in bed": {
21
                    "allOf": [
22
23
                            "$ref": "#/definitions/duration unit value"
24
25
                        }<sub>&</sub>
26
27
                "effective time frame": {
28
                    "description": "As a measure of a duration, time in bed should not be associated to a date time frame. Hence, effective time frame is restricted
29
                    "allOf": [
30
31
                            "$ref": "#/definitions/time frame"
32
33
34
                            "required": ["time interval"]
35
36
37
38
```

```
"is main sleep": {
39
                    "description": "This value is used to differentiate brief periods of sleep (naps) from a main sleep session",
40
                    "type": "boolean"
41
42
               },
                "descriptive statistic": {
43
                    "$ref": "#/definitions/descriptive_statistic"
44
45
                "descriptive statistic denominator": {
46
47
                    "any0f": [
48
49
                            "$ref": "#/definitions/descriptive_statistic_denominator"
50
51
52
                            "description": "If the value needed is a standard unit of duration, select from the duration-unit-value value set.",
53
                            "type": "string"
54
55
56
57
58
59
            "required": [
60
                "time in bed",
61
                "effective_time_frame"
62
63
64
```

```
□{
           "effective_time_frame": {
                "time_interval": {
                    "start_date_time": "2019-02-17T22:00:00Z",
                    "end_date_time": "2019-02-18T06:30:00Z",
           "time_in_bed": {
 8
               "value": 8.5,
 9
               "unit": "hh"
10
11
12
           "is_main_sleep": true
13
14
15
16
           "effective time frame": {
        "time_interval":.{
17
       "start date time": "2019-02-18T22:30:00Z",
"end date time": "2019-02-19T06:10:00Z",
18
19
20
21
22
        "time in bed": {
        "value": 460,
23
24
25
26
       "is main sleep": true,
27
28
```

Review Comments on light-sleep-percentage Schema (1)

				Email Address of the person		
1	Schema Line or Line Range	Comments	Date (comment	who made comments	Resolution	Date (resolution)
		I am still unconvinced about the value				
		of exposing this data element without				
		the context information, which at a				
2	79-80	minimum is total_sleep_time	11/19/2019	simona.carini@ucsf.edu		
		My recommendation is to consider				
		adding light_sleep_duration to the				
3		schema total_sleep_time	11/20/2019	simona.carini@ucsf.edu		
		The description is inconsistent: it first				
		states that the schema represents				
		"light sleep percentage in a sleep				
		session" then later states that it can be	!			
		used for the result of aggregating				
4	4	1 measurements over time	11/19/2019	simona.carini@ucsf.edu		
		There is redundancy here and I am not				
		sure it is clear why: given light sleep				
		duration and %, it is possible to				
		calculate TST; also, given TST and light				
		sleep duration, it is possible to				
5	27 and 44	calculate light sleep duration	11/19/2019	simona.carini@ucsf.edu		
		A reminder that this means an object				
		comprised of possibly all the data				
		elements defined in the schema				
		total_sleep_time. At a minimum, this				
		object will include a duration of TST				
6	44	plus an effective_time_frame	11/19/2019	simona.carini@ucsf.edu		

Review Comments on light-sleep-percentage Schema (2)

	As per the above comment, the 3rd	
7 sample data	instance will not validate	11/19/2019 simona.carini@ucsf.edu
	please separate each instance into its	
8 sample data	own file	11/19/2019 simona.carini@ucsf.edu
	please use valie duration units (wk for	
9 sample data	week)	11/19/2019 simona.carini@ucsf.edu
10 sample data	the 3rd instance says that the average weekly TST over the given time frame is 454 minutes, which seems unlikely)	11/19/2019 simona.carini@ucsf.edu
11		
12 schema	no additional comments	11/27/2019 shiv.hiremath@temple.edu
13 sample data	no additional comments	11/27/2019 shiv.hiremath@temple.edu
14		

```
□{.
         "$schema": "http://json-schema.org/draft-07/schema#",
 2
         "type": "object",
 3
         "description": "This schema represents the light sleep percentage in a sleep session (main sleep or nap), i.e., the percentage of total sleep time
 4
 5
         "definitions": {
 6
           "duration unit value": {
             "$ref": "duration-unit-value-1.x.json"
 8
 9
10
           "unit value": {
             "$ref": "unit-value-1.x.json"
11
12
           "time frame": {
13
             "$ref": "time-frame-1.x.json"
14
15
16
           "descriptive statistic": {
             "$ref": "descriptive-statistic-1.x.json"
17
18
           "descriptive statistic_denominator": {
19
             "$ref": "descriptive-statistic-denominator-1.x.json"
20
21
           },
22
           "total sleep time": {
23
             "$ref": "total-sleep-time-1.x.json"
24
25
         "properties": {
26
27
           "light sleep duration": {
             "$ref": "#/definitions/duration unit value"
28
29
30
           "light_sleep_percentage": {
             "allOf": [
31
32
                  "$ref": "#/definitions/unit value"
33
34
35
36
                  "properties": {
                   "unit": {
37
                      "enum": [ "%" ]
38
39
40
41
42
43
```

```
"total sleep time": {
              "$ref": "#/definitions/total_sleep_time"
45
46
            "effective time frame": {
47
              "description": "As a measure of a duration, light sleep duration should not be associated to a date time frame. Hence, effective time fram
48
49
              "allOf": [
50
                  "$ref": "#/definitions/time_frame"
51
52
53
54
                  "required": [ "time interval" ]
55
56
57
            "is main sleep": {
58
              "type": "boolean"
59
60
            "descriptive statistic": {
61
              "$ref": "#/definitions/descriptive_statistic"
62
63
64
            "descriptive_statistic_denominator": {
65
              "anyOf": [
66
67
                  "$ref": "#/definitions/descriptive statistic denominator"
68
69
70
                  "description": "If the value needed is a standard unit of duration, select from the duration-unit-value value set.",
71
                  "type": "string"
72
73
74
75
76
77
         "required": [
78
79
            "light_sleep_percentage",
           "effective time frame"
80
81
82
```

```
□{
         "light_sleep_percentage": {
           "value": 50,
            "unit": "%"
          "light_sleep_duration": {
           "value": 240,
           "unit": "min"
 9
         "is_main_sleep": true,
10
         "effective_time_frame": {
11
12
          "time_interval": {
13
              "start_date_time": "2019-02-05T22:00:00Z",
14
              "end_date_time": "2019-02-06T06:00:00Z"
15
16
17
18
19
         "light sleep percentage": {
20
        "value": 60,
21
22
        "unit": "%"
23
24
         "effective time frame": {
        "time interval": {
    "start date time": "2019-02-05T22:00:00Z",
25
26
        "end date time": "2019-02-06T06:00:00Z"
27
28
        ......t
29
30
```

```
31
32
     ₽{
      "light sleep percentage": {
33
34
       "value": 55,
       "unit": "%"
35
36
37
        "light sleep duration": {
38
        "value": 250,
       "unit": "min"
39
40
41
      = "total sleep time": {
       "value": 454,
42
       "unit": "min"
43
44
        "effective time frame": {
45
46
        "time_interval":.{
       "start date time": "2019-02-05T22:00:00Z";
"end date time": "2019-02-11T06:00:00Z"
47
48
49
50
51
       "descriptive statistic": "average",
52
       "descriptive statistic denominator": "w"
53
```

Review Comments on deep-sleep-percentage Schema

				Email Address of the person		
1	Schema Line or Line Range	Comments	Date (comment)	who made comments	Resolution	Date (resolution)
		see all my comments re: light				
2		sleep percentage	19-Nov-19	simona.carini@ucsf.edu		
3						
4	schema	no comment	11/27/2019	shiv.hiremath@temple.edu		
5	Sample data	Do we need both % and minute	11/27/2019	shiv.hiremath@temple.edu		
6						
7						

```
□{
           "$schema": "http://json-schema.org/draft-07/schema#",
 2
           "type": "object",
           "description": "This schema represents the deep sleep percentage in a sleep session (main sleep or nap), i.e., the percentage of time in deep sleep (N3)
         "definitions": {
 6
           "duration unit value": {
             "$ref": "duration-unit-value-1.x.json"
 8
 9
10
           "unit value": {
             "$ref": "unit-value-1.x.json"
11
12
           "time frame": {
13
             "$ref": "time-frame-1.x.json"
14
15
           "descriptive statistic": {
16
             "$ref": "descriptive-statistic-1.x.json"
17
18
           "descriptive statistic denominator": {
19
             "$ref": "descriptive-statistic-denominator-1.x.json"
20
21
           "total sleep time": {
22
             "$ref": "total-sleep-time-1.x.json"
23
24
25
          "properties": {
26
           "deep sleep duration": {
27
             "$ref": "#/definitions/duration unit value"
28
29
           "deep_sleep_percentage": {
30
             "allOf": [
31
32
                  "$ref": "#/definitions/unit value"
33
34
35
                  "properties": {
36
                   "unit": {
37
                     "enum": [ "%" ]
38
39
40
41
42
43
```

```
"total sleep time": {
44
              "$ref": "#/definitions/total_sleep_time"
45
46
            "effective time frame": {
47
              "description": "As a measure of a duration, deep sleep duration should not be associated to a date time frame. Hence, effective time frame is re
48
              "allOf": [
49
50
                  "$ref": "#/definitions/time frame"
51
52
53
                  "required": [ "time interval" ]
54
55
56
57
            "is main sleep": {
58
              "type": "boolean"
59
60
            "descriptive statistic": {
61
             "$ref": "#/definitions/descriptive_statistic"
62
63
            "descriptive statistic denominator": {
64
65
              "anyOf": [
66
67
                  "$ref": "#/definitions/descriptive statistic denominator"
68
69
70
                 "description": "If the value needed is a standard unit of duration, select from the duration-unit-value value set.",
71
                  "type": "string"
72
73
74
75
76
77
           "required": [
78
               "deep_sleep_percentage",
79
               "effective_time_frame"
80
81
82
```

```
"deep_sleep_percentage": {
            "value": 35,
           "unit": "%"
         "deep_sleep_duration": {
           "value": 168,
           "unit": "min"
 8
 9
         "is_main_sleep": true,
10
         "effective_time_frame": {
11
           "time_interval": {
12
13
             "start_date_time": "2019-02-05T22:00:00Z",
             "end_date_time": "2019-02-06T06:00:00Z"
14
15
16
17
18
     ⊟{
□ __"deep_sleep_percentage": {
19
20
       "value": 30,
21
22
       "unit": "%"
23
24
          "effective_time_frame": {
       "time interval": {
    "start date time": "2019-02-05T22:00:00Z",
25
26
       "end date time": "2019-02-06T06:00:00Z"
27
28
       Link
29
30
31
```

```
32
      ₽{
33
          "deep_sleep_percentage": {
        "value": 30,
34
        "unit": "%"
35
36
         "deep_sleep_duration": {
37
38
        "value": 150,
        "unit": "min"
39
40
         "total sleep time": {
41
        "value": 500,
"unit": "min"
42
43
44
        "effective time frame": {
"time interval": {
45
46
        "start date time": "2019-02-05T22:00:00Z",
47
        "end date time": "2019-02-11T06:00:00Z"
48
49
        .i.i.i.
50
        . Like
        "descriptive statistic": "average".

"descriptive statistic denominator": "w"
51
52
53
```

Review Comments on total-sleep-time Schema

			Email Address of the person			
1	Schema Line or Line Range	Comments	Date (comment)	who made comments	Resolution	Date (resolution)
		the two descriptions are not exactly				
		the same as bedtime is not a synonym				
		for initial sleep onset and getting out				
		of bed is not a synonym for final				
		awakening; there is actually no reason				
2	4 and 22	to repeat the description in two places		simona.carini@ucsf.edu		
3	4	add definition of awakening	11/19/2019	simona.carini@ucsf.edu		
		is there a reason is_main_sleep				
		property has been omitted from this				
4	N/A	schema?	11/19/2019	simona.carini@ucsf.edu		
		This array is missing the "items"				
		keyword (see JSON Schema				
5	25	specifications on array definition)	11/19/2019	simona.carini@ucsf.edu		
		The inclusion of time interval of				
		individual events is a proposal that I				
		think should be discussed further: it				
		seems to me that it is either				
		implemented in all schemas where it				
5	25	applies or it isn't	11/19/2019	simona.carini@ucsf.edu		
		please separate each instance in its				
7	sample data	own file	11/19/2019	simona.carini@ucsf.edu		
		please use valid units of duration (h,				
8	sample data	wk)	11/19/2019	simona.carini@ucsf.edu		
		in the last instance: average weekly				
		TST of 5 hours seems unlikely; I'd guess				
		a daily average is more relevant in the				
		case of sleep; if weekly is preferred,				
		then I suggest to specify a time frame				
9	sample data	of several weeks	11/19/2019	simona.carini@ucsf.edu		
10	schema data	no additional comments	11/27/2019 shiv.hiremath@temple.edu			
11	sample data	no additional comments	11/27/2019 shiv.hiremath@temple.edu			

```
"$schema": "http://json-schema.org/draft-07/schema#",
 2
         "type": "object",
 3
         "description": "This schema represents total sleep time, i.e. The total sleep time is the interval between initial sleep onset time and final awakening time minus
 6
         "definitions": {
           "duration unit value": {
             "$ref": "duration-unit-value-1.x.json"
 9
           "time frame": {
10
             "$ref": "time-frame-1.x.json"
11
12
           "descriptive statistic": {
13
             "$ref": "descriptive-statistic-1.x.json"
14
15
16
           "descriptive statistic denominator": {
             "$ref": "descriptive-statistic-denominator-1.x.json"
17
18
19
          "properties": {
20
21
           "total sleep time": {
             "description": "Total time asleep from bedtime until getting out of bed in the morning or across the 24-h period. This excludes any time that a person is awak
22
             "$ref": "#/definitions/duration unit value"
23
24
           "sleep events": {
25
             "description": "Individual sleep events and their durations to describe at what points throughout the night is the individual is asleep, and when summarized e
26
27
             "type": "array",
             "allOf": [
28
29
                  "$ref": "#/definitions/time frame"
30
31
32
                  "required": [
33
                    "time interval"
34
35
36
37
38
```

```
"effective_time_frame": {
39
             "description": "As a measure of a duration, time asleep should not be associated to a date time frame. Hence, effective time frame is restricted to be a
40
             "allOf": [
41
42
                  "$ref": "#/definitions/time_frame"
43
45
                  "required": [
46
                    "time_interval"
47
48
49
50
51
           "descriptive_statistic": {
52
             "$ref": "#/definitions/descriptive_statistic"
53
54
           "descriptive_statistic_denominator": {
55
             "anyOf": [
56
57
                  "$ref": "#/definitions/descriptive_statistic_denominator"
58
59
60
                  "description": "If the value needed is a standard unit of duration, select from the duration-unit-value value set.",
61
                  "type": "string"
62
64
65
66
          "required": [
67
           "total_sleep_time",
68
           "effective_time_frame"
69
70
71
```

```
□{
         "total_sleep_time": {
               "value": 5.5,
               "unit": "hh"
         "effective_time_frame": {
           "time_interval": {
             "start_date_time": "2019-02-19T22:30:00Z",
             "end_date_time": "2019-02-20T04:50:00Z"
10
11
12
13
         "total sleep time": {
14
15
       "value": 330
       "unit": "min"
16
17
18
         "sleep_events": [
            "time_interval": {
19
       "start date time": "2019-02-19T22:30:00Z",
20
       "end date time": "2019-02-19T23:50:00Z"
21
22
           "time_interval": {
23
24
             "start_date_time": "2019-02-20T00:15:00Z",
       "end date time": "2019-02-20T02:15:00Z"
25
26
           "time_interval": {
27
       "start date time": "2019-02-20T02:30:00Z"
"end date time": "2019-02-20T04:00:00Z"
28
29
30
           "time_interval": {
31
       "start date time": "2019-02-20T04:10:00Z",
32
       "end date time": "2019-02-20T04:50:00Z"
33
```

```
34
      Arrivar.
35
36
        "effective_time_frame": {
       "time interval": {
37
      "start date time": "2019-02-19T22:30:00Z".
38
      "end date time": "2019-02-20T04:50:00Z"
39
40 😨
      Jimin L
41
     □£
43
       "total sleep time": {
44
45
      "value": 5
      "unit": "hh"
46
47
       "effective time frame": {
48
       "time_interval": {
49
      "start date time": "2019-02-14T22:30:00Z",
50
      "end date time": "2019-02-20T04:50:00Z"
51
52
      anni.
53
      "descriptive_statistic": "average".
54
      "descriptive statistic denominator": "w"
55
56
57
```

Summary of Major Review Comments

- 1. The inclusion of time interval of individual event were proposed in some of the schemas (e.g. total-sleep-time)
- 2. Suggest to reevaluate inclusion/exclusion of statistical measures for some schemas (e.g. sleep-body-movement, on-going discussion)
- 3. Fix missing keyword (e.g. "item" for array) for some schema
- 4. Make sure to use the valid units of duration in sample data (e.g. h, wk)
- 5. Editorial comments (e.g. description, etc.)
- Sample data (one file with delimiters between instances for review, one file/instance for validation)



Implications of the 1st Comment

- > Set criteria for applicability of this proposal
 - -- Relevancy for a specific sleep metric
 - -- Use case(s)
- > Determine if this proposal is applicable to a schema
- ➤ If applicable, make modifications
- ➤ Validate the syntax



Discuss/Propose Relevant Schemas (1)

- ➤ 1st Batch
- --ambient-light
- --ambient-sound
- --ambient-temperature
- --deep-sleep-percentage
- --light-sleep-percentage
- --sleep-onset-latency
- --time-in-bed
- --total-sleep-time (use case?)



Discuss/Propose Relevant Schemas (2)

- ≥ 2nd Batch
- --apnea-hypopnea-index
- --arousal-index
- --sleep-body-movement
- --sleep-episode
- --sleep-stages
- --snore-index
- --wake-after-sleep-onset



Next Steps

- ➤ Address WG review comments on 1st batch schemas
- \triangleright Modify the relevant schemas (1st comment):
 - --Propose/Document use case(s) for each relevant schemas
 - --Review/Finalize the list of relevant schemas
 - -- Modify the schemas in the finalized list
- ➤ Review/Summarize WG major comments on 2nd batch schemas
- ➤ Prepare the revised version of 1st batch schemas for WG to review



Comments on Upcoming Schema Review Calls?

Action Items

- Address the WG comments on 1st batch schemas by Dec 6 (Distribute on Dec 6) (TBD)
- Review/Summarize the main WG comments on 2nd batch schemas by Dec 16 (TBD)
- Get ready to distribute the 2nd batch quantitative schemas, generic survey documents and schemas by TBD



Future Meetings

- Continue with Tuesdays at 8:30 AM Pacific / 11:30 AM
 - Eastern
- Upcoming meetings
 - Jan 7, 2020 (tentative)

Adjournment