

P1752 Sleep Schema Subgroup Meeting

Sponsored by IEEE Engineering in Medicine & Biology (EMB) Standards Committee

- 7 Jan 2020
- Teleconference

Attendance

- Put your name and affiliation in the chat window for attendance today.
- If you are joining only via phone, please email <u>charlotte.chen@philips.com</u> with "P1752 Sleep Schema Subgroup call" as subject
- The document shows attendance is under https://ieee-sa.imeetcentral.com/omh/folder/WzlwLDEwMjY4MDg1XQ/.
 - --If you attended the call, please verify that your name is listed
 - --If you name is not listed, either edit the document above or email charlotte.chen@philips.com



Agenda

- 1. Attendance
- 2. Modified timelines
- 3. Status updates
- 4. Discuss major WG review comments
- 5. Summary of other WG review comments
- 6. Review comments on the 2nd batch of quantitative schemas
- 7. Action Items
- 8. Q&A

Timeline for Stage2 Remaining Work

-Complete addressing subgroup comments for Quantitative Sleep Schemas by May 12, 2019

-Complete subgroup reviewing Qualitative Measure Schemas by May 31, 2019

-Validate Quantitative Schemas by Oct 28, 2019

-Draft Qualitative Measure Schemas by Nov 19,

-Review/Discuss/Address WG comments on 1st batch Quantitative Schemas by Jan 20, 2020 -Review/Discuss/Address WG comments on 2nd batch quantitative schemas by Jan 31 -Distribute Survey Schemas by (TBD by WG)

Status Update (1)

- ➤ Completed addressing WG comments on the following
 - 1st batch schemas
 - --ambient-light
 - --ambient-temperature
 - --sleep-onset-latency

Status Update (2)

- ➤ Addressing WG comments on the following 1st batch schemas
 - --ambient-sound
 - --deep-sleep-percentage
 - --light-sleep-percentage
 - --time-in-bed
 - --total-sleep-time



Status Update (3)

- ➤ Presented/Discussed quantitative schemas with the main WG members on Dec 10 and Dec 13 of 2019
- Summarized WG major review comments (details below)

Discuss Major Review Comments/Proposals (1)

1. Proposal for describing the cases where the schema models both a simple measure and summary measures (Simona)

```
case #1: quantitative measure where individual measurements are associated with timestamps (e.g., ambient temperature)
top-level schema description
   "description": "This schema represents the ambient temperature."
[...]
description of the property:
   "descriptive_statistic": {
     "description": "The descriptive statistic of a set of measurements (e.g., average, maximum) within the specified time frame."
[...]
case #2: quantitative measure where individual measurements are associated with time intervals (e.g., total sleep time)
top-level schema description
  "description": "This schema represents total sleep time, i.e. The total sleep time is the interval between initial sleep onset time and final awakening time minus the duration of all awakenings."
[....]
description of the properties:
  "description": "The descriptive statistic of a set of measurements (e.g., average, maximum) within the specified time frame."
[...]
  "descriptive statistic denominator": {
    "description": "The denominator of the descriptive statistic when the measure has an implicit duration (e.g., if the descriptive statistic is 'average' and the statistic denominator is 'd' the measure
[...]
                                                                                                      describes the average daily total sleep time during the period delimited by the effective time frame)."
```

The proposal above would replace the current wording of the top-level schema description (e.g.:

"description": "This schema represents measurement of ambient light. It could be either a single measurement or the result of aggregated measurements over the time."

Discuss Major Review Comments/Proposals (2)

2. In reference to the discussion on light/deep sleep percentage, an example of sleep data on a tracker shows base values for the various types of sleep plus total. Although we don't know if the API exposes the light/deep sleep percentages, those values can be calculated using the given base values. (see picture below)



Discuss Major Review Comments/Proposals (3)



Discuss Major Review Comments/Proposals (4)

3. standardizing nomenclature: with an eye to existing conventions in the sleep research community, we should ensure that we use consistent names to indicate the same thing.

One example is individual segments of sleep vs non-sleep or different types of sleep. Right now we are using bouts, events, episodes partly as a result of different people drafting different schemas.

Another example is time vs duration to describe a length of time

4. referencing other schemas: when you reference schema A in schema B, keep in mind that the requirements for schema A must be met by schema B instances for them to be valid. Here's an example (next slide):



Discuss Major Review Comments/Proposals (5)

```
In the schema sleep-episode the property total_sleep_time is defined based on duration_unit_value
     "duration_unit_value": {
         "$ref": "duration-unit-value-1.x.json"
[...]
      "total_sleep_time": {
        "description": "The total amount of time spent asleep within the effective time frame.",
        "$ref": "#/definitions/duration unit value"
The duration_unit_value schema has two required properties: a numeric value and a unit of measure to be chosen among a value set that includes units of time. So this sample data complies with it
   "total_sleep_time": {
      "value": 487,
     "unit": "min"
There is also a schema called total-sleep-time but using it to define the property below is not equivalent, because an instance of total sleep time must include not only a numerical value and unit of time,
   "total_sleep_time": {
                                                                                                    but also an effective time frame, with possible clashes with the sleep-episode effective time frame
    "$ref": "total-sleep-time-1.x.json"
      "total_sleep_time": {
        "description": "The total amount of time spent asleep within the effective time frame.",
         "$ref": "#/definitions/total_sleep_time"
This sample data does not comply with the above (and validation would generate an error about it)
   "total_sleep_time": {
     "value": 487,
     "unit": "min"
```

Summary of Other Review Comments

- 1. The inclusion of time interval of individual event were proposed in some of the schemas (e.g. total-sleep-time)
- Suggest to reevaluate inclusion/exclusion of statistical measures for some schemas (e.g. sleep-body-movement, on-going discussion)
- 3. Fix missing keyword (e.g. "item" for array) for some schema
- Make sure to use the valid units of duration in sample data (e.g. h, wk)
- 5. Editorial comments (e.g. description, etc.)
- 6. Sample data (one file with delimiters between instances for review, one file/instance for validation), here is an example:

ambient temperature: instance #1



Review Comments on 2nd Batch Quantitative Schemas

Review Comments on apnea-hypopnea-index (1)

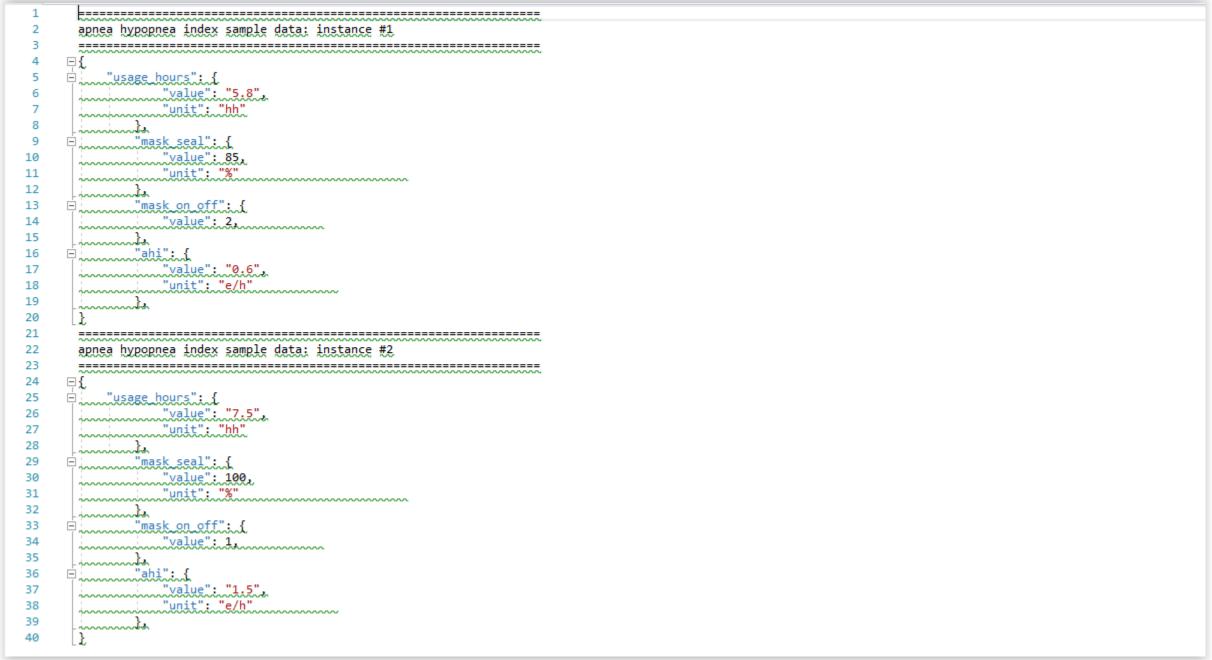
				Email Address of the person	
1	Schema Line or Line Range	Comments	Date (comment)	who made comments	Resolution
•	Seriema zine or zine nange	Should this include a time_frame	Date (comment)	Title fillage comments	neosiation
2	7	definition?	1-Dec-19	paul.t.harris@ieee.org	
	-				
		Should the schema support other			
		measures such as obstructive and			
		hypopnea indices, clear airway			
		index, leak rates (average, above			
		threshold, avg/min/max			
		pressures, respiratory rate,			
		session times, time in apnea,			
3	13	tidal volumes, etc?	1-Dec-19	paul.t.harris@ieee.org	
		why cannot the schema model			
		statistics? (N/A or some other			
4	4	reason?)	5-Dec-19	simona.carini@ucsf.edu	
		the sleep session is not defined			
		in the schema: without a time			
		reference any instance of the			
5	4	schema would have no value	5-Dec-19	simona.carini@ucsf.edu	
6	14	usage of what?	5-Dec-19	simona.carini@ucsf.edu	
		Can the unit of time be only			
7	14	hours?	5-Dec-19	simona.carini@ucsf.edu	
		if so, then please use standard			
8	22	unit (h)	5-Dec-19	simona.carini@ucsf.edu	
		it is not clear what this property			
		represents and what the unit of			
9	28	measure should be	5-Dec-19	simona.carini@ucsf.edu	



Review Comments on apnea-hypopnea-index (2)

10		it is not clear what this property represents and what the unit of measure should be	5-Dec-19 simona.carini@ucsf.edu
11		an index usually is a number. If this index has a unit of measure it should be specified in the schema	5-Dec-19 simona.carini@ucsf.edu
		Most of my comments above were made on the first version of the schema and I don't see them	
		addressed so I am wondering if there is a different version of the	
	N/A sample data: 19 and 39	schema we should review remove hanging comma	5-Dec-19 simona.carini@ucsf.edu 5-Dec-19 simona.carini@ucsf.edu

```
₽{.
           "$schema": "http://json-schema.org/draft-07/schema#",
 2
 3
           "description": "This schema represents a person's apnea-hypopnea index (AHI), a measure of sleep apnea severity, as events per hour during a sleep session",
 4
           "type": "object",
 6
           "definitions": {
               "unit_value": {
 8
                   "$ref": "#/definitions/unit_value"
 9
10
11
           },
12
           "properties": {
13
14
               "usage_hours": {
                   "allOf": [
15
16
                        "$ref": "#/definitions/unit_value"
17
18
19
                        "properties": {
20
                           "unit": {
21
                           "enum": ["hh" ]
22
23
24
25
26
27
               "mask seal": {
28
29
                   "$ref": "#/definitions/unit_value"
30
               "mask on off": {
31
                   "$ref": "#/definitions/unit value"
32
33
               "apnea_hypopnea_index": {
34
                    "$ref": "#/definitions/unit_value"
35
36
37
           },
38
           "required": [
39
               "usage hours",
40
               "apnea_hypopnea_index"
41
42
43
```



Review Comments on arousal-index Schema

				Email Address of the person		
	6-1	0	Data (•	Baradada.	Data (analatian)
1	Schema Line or Line Range	Comments	Date (comment)	who made comments	Resolution	Date (resolution)
		merge with sound schema in				
		ambient sound (not sure why				
2	noise schema	this schema appears here)	5-Dec-19	simona.carini@ucsf.edu		
		separate words with hyphen				
3	arousal schema	in file name	5-Dec-19	simona.carini@ucsf.edu		
		I suggest to keep the				
		description focused on what				
4		the schema models	5-Dec-19	simona.carini@ucsf.edu		
5		delete line	5-Dec-19	simona.carini@ucsf.edu		
		if the schema models the				
		measure for only one sleep				
		session (see description),				
		what are descriptive statistics				
6	14 and 17	used for?	5-Dec-19	simona.carini@ucsf.edu		
		please use standard units of				
7	sample data: 32	duration (wk)	5-Dec-19	simona.carini@ucsf.edu		
	-	the use of average weekly in				
		this instance seems a bit				
		strange; in any case, if weekly				
		is really what is meant here, it				
		is helpful to define a time				
8	sample data: instance 2	frame > 1 week	5-Dec-19	simona.carini@ucsf.edu		

```
arousal_index.json 💠 🗙
Schema: http://json-schema.org/draft-07/schema#
               "$schema": "http://json-schema.org/draft-07/schema#",
      2
               "type": "object",
      3
               "description": "This schema represents the arousals index during a sleep session (main or nap), i.e., the number of awakenings between 3-15 secs per hour
      4
               "references": [],
      5
      6
               "definitions": {
                                                                                        during a sleep session. It may be used to measure the degree of sleep fragment.",
                "unit_value": {
      8
                   "$ref": "unit-value-1.x.json"
      9
     10
                 "time frame": {
     11
     12
                   "$ref": "time-frame-1.x.json"
     13
                 "descriptive statistic": {
     14
                  "$ref": "descriptive-statistic-1.x.json"
     15
     16
                 "descriptive statistic denominator": {
     17
                   "$ref": "descriptive-statistic-denominator-1.x.json"
     18
     19
     20
               "properties": {
     21
     22
                 "arousal index": {
                   "allOf": [
     23
     24
                       "$ref": "#/definitions/unit value"
     25
     26
     27
                         "properties": {
     28
                             "unit": {
     29
                                 "enum": [
     30
                                     "awakenings/h"
     31
     32
     33
     34
     35
     36
     37
```

```
"effective time frame": {
38
              "description": "Effective time frame is restricted to be a time interval. For an individual measurement, this is the interval of time between when the person
39
              "allOf": [
40
                                                     began a sleep session and when it ended. For a summary measurement, this is the interval of time between the beginning
41
                  "$ref": "#/definitions/time frame
42
43
                                                                                                              of the first measurement and the end of the last measurement.",
44
                  "required": [ "time interval" ]
45
46
47
48
            "is main sleep": {
49
              "type": "boolean"
50
51
            "descriptive_statistic": {
52
              "$ref": "#/definitions/descriptive statistic"
53
54
55
            "descriptive_statistic_denominator": {
              "anyOf": [
56
57
                  "$ref": "#/definitions/descriptive_statistic_denominator"
58
59
               },
60
                  "description": "If the value needed is a standard unit of duration, select from the duration-unit-value value set.",
61
                  "type": "string"
62
63
64
65
66
67
          "required": [
68
            "arousal index",
69
           "effective_time_frame"
70
71
72
73
```

```
noise_unit_value.json → X arousal-index-sample-data.json
                                                        arousal_index.json
Schema: http://json-schema.org/draft-07/schema#
               "$schema": "http://json-schema.org/draft-07/schema#",
               "description": "This schema represents the noise unit value in decibel.",
               "type": "object",
      7
              "allOf": [
      8
      9
                   "$ref": "unit-value-1.x.json"
     10
     11
     12
                   "properties": {
     13
                    "unit": {
     14
                       "enum": [
                         "dB"
     15
     16
     17
     18
     19
     20
     21
```

```
arousal-index-sample-data.json → × arousal_index.json
Schema: <No Schema Selected>
          arousal index sample data: instance #1
          "arousal_index": {
          "value": 0.6.
          "unit": "awakenings/h"
          "effective time frame": {
          "time_interval":
    10
          "start date time": "2019-02-05T22:00:00Z",
          "end date time": "2019-02-06T06:00:00Z"
    12
    13
          minh
    14
          L.
          "is main sleep": true
    15
    16
    17
    18
          arousal index sample data: instance #2
    19
    20
          "arousal index": {
    21
    22
          "value": 1.2.
          "unit": "awakenings/h"
    23
    24
          "effective time frame": {
    25
          "time_interval": {
    26
          "start date time": "2019-02-05T22:00:00Z",
    27
          "end date time": "2019-02-11T06:00:00Z"
    28
    29
          hamin
    30
    31
          "descriptive statistic": "average".
    32
          "descriptive statistic denominator": "w"
    33
```

Review Comments on sleep-body-movement Schema

1	Schema Line or Line Range	Comments	Date (comment)	Email Address of the person who made comments	Resolution
2	_				
3					
4					
5					
6					
7					
8					
9					
10					
11					
12					
13					
14					
15					
16					
17					
18					
19					
20					
21					
22					
23					
24					
25					
26					
27					
28					

```
sleep-body-movem...-sample-data.json □ X sleep-body-movement.json
                                                                                             arousal-index-sample-data.json
                                                                                                                              arousal_index.json
                                                                    noise_unit_value.json
Schema: <No Schema Selected>
                 "body_movement_count": {
                     "value": 30
                 "effective_time_frame": {
                      "time interval": {
                          "start_date_time": "2019-02-05T06:00:00Z",
                          "end_date_time": "2019-02-06T06:00:00Z"
      8
     10
                 "descriptive_statistic": "count"
     11
     12
```

Review Comments on sleep-episode Schema

				Email Address of the person		
1	Schema Line or Line Range	Comments	Date (comment)	who made comments	Resolution	Date (resolution)
2						
3						
4						
5						
6						
7						
8						
9						
10						
11						
12						
13						
14						

```
"rem sleep time": {
42
                    "description": "The amount of total sleep time spent in REM sleep.",
43
                    "$ref": "#/definitions/duration_unit_value"
44
45
            "number of awakenings": {
46
                    "type": "integer"
47
48
                "is main sleep": {
49
                    "type": "boolean"
50
51
                "effective_time_frame": {
52
                    "description": "The initial sleep onset time maps to start date time, the final awakening time maps to end date time and total sleep episode
53
                    "allOf": [
54
55
                            "$ref": "#/definitions/time frame"
56
57
                        },
58
                            "required": ["time interval"]
59
60
61
62
                "sleep_maintenance_efficiency_percentage": {
63
                    "description": "The amount of time spent asleep as a percentage of the sleep episode bounded by the effective time frame.",
64
                    "allOf": [
65
66
                            "$ref": "#/definitions/unit_value"
67
68
69
                            "properties": {
70
                                "unit": {
71
                                    "enum": ["%"]
72
73
74
75
76
77
78
            "required": [
79
                "effective_time_frame"
80
81
82
```

```
=k
           "effective_time_frame": {
 2
                "time interval": {
 3
                    "start_date_time": "2016-02-05T21:35:00Z",
                    "duration": {
                        "value": 520,
 6
                        "unit": "min"
 8
 9
10
           "latency to sleep onset": {
11
                "value": 17.5,
12
                "unit": "min"
13
14
15
           "latency_to_arising": {
                "value": 5.2,
16
                "unit": "min"
17
18
           "total_sleep_time": {
19
                "value": 487,
20
                "unit": "min"
21
22
23
           "light_sleep_time": {
                "value": 312,
24
                "unit": "min"
25
26
           "deep_sleep_time": {
27
                "value": 37,
28
                "unit": "min"
29
30
31
            "rem_sleep_time": {
32
                "value": 138,
                "unit": "min"
33
34
35
            "number_of_awakenings": 1,
36
           "is_main_sleep": true,
           "sleep_maintenance_efficiency_percentage": {
37
38
                "value": 93.7,
                "unit": "%"
39
40
41
```

Review Comments on sleep-stages Schema (1)

			-		
				Email Address of the person	
1	Schema Line or Line Range	Comments	Date (comment)	who made comments	Resolution
		the description does not			
		capture accurately what the			
2	3	schema models	9-Dec-19	simona.carini@ucsf.edu	
	5	remove references section	9-Dec-19	simona.carini@ucsf.edu	
		when referencing another			
		schema one must ensure that			
		when that is used at least all			
		of the required properties are			
		present (see email I wrote on			
1 2	27, 30, 33	12/9 with an example)	9-Dec-19	simona.carini@ucsf.edu	
5 1	105, 128	in their current form, these schemas model a % associated to an effective_time_frame: the way the schemas are referenced here does not match what the sample data shows; even without the time frame, this would not be correct as the value already has % as unit	9-Dec-19	simona.carini@ucsf.edu	
	100, 120	I am not sure I understand	3 500 13	simona.cariii @ acsii.caa	
		why this property is defined			
		as an array vs a set of			
		properties. I looked at the			
		sample data but don't see an			
		example of a case where this			
		array has more than one			
	20	element	9-Dec-19	simona.carini@ucsf.edu	

IEEE

Review Comments on sleep-stages Schema (2)

		An instance with just total			
		sleep time would comply with			
		this schema and yet it does			
		not show sleep stages (see my			
		other comment below, asking			
_		for sample data with only			
7	38	required properties)	9-Dec-19	simona.carini@ucsf.edu	
		Is "total" in the name			
8	49	necessary?	9-Dec-19	simona.carini@ucsf.edu	
		I made a similar comment in			
		another schema: I think we			
		should agree on a standard name for			
		episodes/events/bouts of			
		sleep and use the chosen			
9	76	name across all schemas	9 Doc 19	simona.carini@ucsf.edu	
9	70	the name "events" is used to	3-Dec-19	simona.carini@ucsi.euu	
		refer to a count 4 times than			
		the last time it refers to an			
		array, which is actually what I			
		expect from the plural name. I			
		suggest to clarify in the			
		property name when it refers			
10	76, 99, 122, 145, 182	to a count	9-Dec-19	simona.carini@ucsf.edu	
		I suggest to add "sleep" to all			
11	190	the values where it applies	9-Dec-19	simona.carini@ucsf.edu	
		should this be			
12	141	"awake_duration"?	9-Dec-19	simona.carini@ucsf.edu	
		should this be			
13	148	"awake_percentage"?	9-Dec-19	simona.carini@ucsf.edu	

Review Comments on sleep-stages Schema (3)

14 sample data	please separate each instance as agreed upon	9-Dec-19 simona.carini@ucsf.edu
	this instance says the person	
	sleeps an average 6 hours per	
15 sample data: 264	week, which seems unlikely	9-Dec-19 simona.carini@ucsf.edu
	please create an instance that	
	shows only the required	
	properties. I don't see any	
	required properties within the	
	sleep_stage_summary array,	
	so it is possible that an	
	instance contains an empty	
16 sample data	array.	9-Dec-19 simona.carini@ucsf.edu

```
"$schema": "http://json-schema.org/draft-07/schema#",
 2
         "description": "This schema represents durations for varying sleep stages and wakefulness during a sleep episode, i.e. The total duration of REM, Light, and Deep sleep
         "type": "object",
         "references": [
                                                                                                         as a summation of equatable stages between initial sleep onset time and final awakening
                    "description": "The SNOMED code represents Sleep, function (observable entity)",
                    "url": "http://purl.bioontology.org/ontology/SNOMEDCT/258158006"
                                                                                                         time minus the duration of all other stages including wakefulness.",
10
        ],
         "definitions": {
11
            "duration unit value": {
12
              "$ref": "duration-unit-value-1.x.json"
13
14
            "unit value": {
15
              "$ref": "unit-value-1.x.json"
16
17
           "time frame": {
18
              "$ref": "time-frame-1.x.json"
19
20
            "descriptive statistic": {
21
              "$ref": "descriptive-statistic-1.x.json"
22
23
            "descriptive statistic denominator": {
24
              "$ref": "descriptive-statistic-denominator-1.x.json"
25
26
27
            "light sleep percentage": {
              "$ref": "light-sleep-percentage-1.x.json"
28
29
            "deep sleep percentage": {
30
              "$ref": "deep-sleep-percentage-1.x.ison"
31
32
            "total sleep time": {
33
              "$ref": "total-sleep-time-1.x.json"
34
35
36
```

```
"properties": {
37
38
            "sleep stage summary": {
           "description": "A summary of durations, percentages, event counts related to sleep stages and wakefulness during a sleep episode.",
39
40
            "type": "array",
             "items": [
41
42
43
                 "type": "object",
44
                "properties": {
45
                    "total sleep time": {
                      "description": "The total amount of time spent asleep within the effective time frame.",
46
                      "$ref": "#/definitions/total sleep time"
47
48
                    "total_sleep_efficiency_percentage": {
49
                     "description": "The amount of time spent asleep as a percentage of the sleep episode bounded by the effective time frame.",
50
                      "allOf": [
51
52
53
                        "$ref": "#/definitions/unit value"
54
55
                        "properties": {
56
                            "unit": {
57
58
                                "enum": ["%"]
59
60
61
62
63
                    "latency_to_sleep_onset": {
64
                     "description": "Amount of time between when person starts to want to go to sleep and sleep onset.",
65
                      "$ref": "#/definitions/duration_unit_value"
66
67
68
                    "latency to arising": {
                     "description": "Amount of time between final awakening and when person stops wanting to go to sleep.",
69
70
                      "$ref": "#/definitions/duration_unit_value"
71
                    "rem sleep duration": {
72
73
                     "description": "Total time in REM Sleep Stage from bedtime until final awakening time or across the 24-h period. This excludes any time that a person
74
                      "$ref": "#/definitions/duration unit value"
75
76
                   "rem sleep events": {
                      "type": "integer"
77
78
                    "rem_sleep_percentage": {
79
80
                     "allOf": [
81
82
                          "$ref": "#/definitions/unit value"
83
```

```
84
                           "properties": {
 85
                             "unit": {
 86
 87
                               "enum": [
                                 "%"
 88
 89
 90
 91
 92
 93
 94
                     "light sleep duration": {
 95
                       "description": "Total time in Light Sleep Stage from bedtime until final awakening time or across the 24-h period. This excludes any time that a perso
 96
                       "$ref": "#/definitions/duration unit value"
 97
 98
                    "light sleep events": {
 99
                       "type": "integer"
100
101
                     "light_sleep_percentage": {
102
                       "allOf": [
103
104
                           "$ref": "#/definitions/light_sleep_percentage"
105
106
                         },
107
                           "properties": {
108
                             "unit": {
109
110
                               "enum":
111
112
113
114
115
116
117
                     "deep_sleep_duration": {
118
                       "description": "Total time in Deep Sleep Stage from bedtime until final awakening time or across the 24-h period. This excludes any time that a person
119
                       "$ref": "#/definitions/duration_unit_value"
120
121
                    "deep_sleep_events": {
122
                       "type": "integer"
123
124
                     "deep_sleep_percentage": {
125
                       "allOf": [
126
127
                           "$ref": "#/definitions/deep sleep percentage"
128
129
```

```
130
                           "properties": {
131
                             "unit": {
132
133
                               "enum":
                                 "%"
134
135
136
137
138
139
140
                     "awake sleep duration": {
141
                      "description": "Total time in Awake Stage from bedtime until final awakening time or across the 24-h period. This excludes any time that a person is
142
                       "$ref": "#/definitions/duration_unit_value"
143
144
                     "awakening events": {
145
                       "type": "integer"
146
147
                     "awake_sleep_percentage": {
148
                      "allOf": [
149
150
                           "$ref": "#/definitions/unit_value"
151
152
153
154
                           "properties": {
                             "unit": {
155
156
                               "enum":
157
                                 "%"
158
159
160
161
162
163
               "descriptive statistic": {
164
                 "$ref": "#/definitions/descriptive statistic"
165
              },
166
               "descriptive statistic denominator": {
167
                "any0f": [
168
169
                     "$ref": "#/definitions/descriptive_statistic_denominator"
170
171
172
                     "description": "If the value needed is a standard unit of duration, select from the duration-unit-value value set.",
173
                     "type": "string"
174
175
```

```
176
177
178
179
180
181
             "sleep stage events": {
182
               "description": "Individual sleep events and their durations to describe at what points throughout the sleep episode is the individual is asleep, and when summ
183
               "type": "array",
184
               "items": [
185
186
                   "type": "object",
187
                    "properties": {
188
                       "sleep stage state": {
189
                       "enum": [
190
                         "REM",
191
                         "Light",
192
                         "Deep",
193
                         "Awake"
194
195
196
                       "sleep_stage_time_frame": {
197
                         "allOf": [
198
199
                           "$ref": "#/definitions/time_frame"
200
201
                         },
202
                            "required": [
203
                              "time interval"
204
205
206
207
208
209
                    "required": [
210
                       "sleep_stage_state",
211
                       "sleep_stage_time_frame"
212
213
214
215
216
```

```
"effective_time_frame": {
217
              "description": "As a measure of a duration, time asleep should not be associated to a date time frame. Hence, effective time frame is restricted to be a
218
              "allOf": [
219
220
                  "$ref": "#/definitions/time_frame"
221
222
223
                  "required": [
224
                    "time_interval"
225
226
227
228
229
            "is main sleep": {
230
              "type": "boolean"
231
232
233
          "required": [
234
            "sleep_stage_summary"
235
236
237
```

```
"sleep_stage_summary": [
            "deep_sleep_duration"; {
                  "value": 2,
                  "unit": "h"
          "sleep_stage_events": [
            "sleep_stage_state" : {
10
11
             "value": "Deep"
12
           "sleep_event_time_frame": {
13
14
                "start_date_time": "2019-02-20T00:30:00Z",
15
                "end_date_time": "2019-02-20T02:00:00Z"
16
17
18
            "sleep_stage_state" : {
19
             "value": "Deep"
20
21
22
            "sleep_event_time_frame": {
23
                "start_date_time": "2019-02-20T03:00:00Z",
24
                "end_date_time": "2019-02-20T03:30:00Z"
25
26
27
         "effective_time_frame": {
28
29
            "time_interval": {
30
              "start_date_time": "2019-02-19T22:30:00Z",
             "end_date_time": "2019-02-20T04:50:00Z"
31
32
33
34
```

```
35
       "sleep stage summary": [
36
37
           "total_sleep_time": {
            "value": 380,
38
      "unit": "min"
39
40
           "total sleep efficiency percentage": {
41
      "value": 86.8,
42
      "unit": "%"
43
44
       "latency to sleep onset": {
45
      "value": 17.5
46
      "unit": "min"
47
48
           "latency to arising": {
49
            ..."value": 5.2,
50
      "unit": "min"
51
52
         "rem sleep duration": {
53
      "value": 70,
54
      "unit": "min"
55
56
      "rem_sleep_events": 4,
57
         "light sleep duration ": {
58
59
      "value": 140,
      "unit": "min"
60
61
      "light sleep events": 6,
62
      "deep_sleep_duration": {
63
      "value": 120,
64
      "unit": "min"
65
66
      "deep_sleep_events": 2,
67
         "awake sleep duration": {
68
      "value": 50,
69
      "unit": "min"
70
71
      "number of awakenings": 3.
72
73
```

```
"sleep stage events": [
 75
         "sleep_stage_state" : {
 76
        "value": "REM"
 77
 78
            "sleep_event_time_frame": {
 79
        "start date time": "2019-02-19T22:30:00Z",
 80
               "end date time": "2019-02-19T22:50:00Z"
 81
 82
        .....t
 83
        ....le
 84
 85
        "sleep_stage_state"::{
        "value": "Light"
 86
 87
            "sleep event time frame": {
 88
             "start date time": "2019-02-19T22:50:00Z",
 89
               "end date time": "2019-02-19T23:50:00Z"
 90
 91
        hower.
 92
        . Link
 93
         "sleep_stage_state"::{
 94
        "value": "Awake"
 95
 96
        inint.
           "sleep event time frame": {
 97
        "start date time": "2019-02-19T23:50:00Z",
 98
                "end date time": "2019-02-20T00:15:00Z"
 99
100
        ......t
101
        mile
102
103
         "sleep_stage_state"::{
        "value": "Light"
104
105
            "sleep event time frame": {
106
        "start date time": "2019-02-20T00:15:00Z",
107
               "end date time": "2019-02-20T00:30:00Z"
108
109
        .i.i.i.
110
        . ....le
111
        "sleep_stage_state"::{
112
        "value": "Deep"
113
114
        Link
```

```
"sleep event time frame": {
115
              "start date time": "2019-02-20T00:30:00Z",
116
                "end date time": "2019-02-20T02:00:00Z"
117
118
        . Linhi
119
        . Links
120
121
           "sleep_stage_state" : {
        "value": "Light"
122
123
124
            "sleep_event_time_frame": {
        "start date time": "2019-02-20T02:00:00Z",
125
                "end date time": "2019-02-20T02:15:00Z"
126
127
        . Linhi
128
        . Links
129
        "sleep_stage_state": {
130
        "value": "Awake"
131
132
133
            "sleep_event_time_frame": {
             "start date time": "2019-02-20T02:15:00Z",
134
                "end date time": "2019-02-20T02:30:00Z"
135
136
        . him
137
        . Links
138
        "sleep_stage_state"::{
139
        "value": "REM"
140
141
142
            "sleep_event_time_frame": {
        "start date time": "2019-02-20T02:30:00Z",
143
                "end date time": "2019-02-20T02:45:00Z"
144
145
        . Linhi
146
        . Links
147
148
        "sleep stage state" : {
        "value": "Light"
149
150
            "sleep_event_time_frame": {
151
        "start date time": "2019-02-20T02:45:00Z",
152
                "end date time": "2019-02-20T03:00:00Z"
153
154
        think.
155
```

```
156
157
        "sleep_stage_state": {
158
        "value": "Deep"
159
        "sleep_event_time_frame": {
160
        "start date time": "2019-02-20T03:00:00Z",
161
162
               "end date time": "2019-02-20T03:30:00Z"
163
        hama
164
        ininia
165
        "sleep_stage_state" : {
166
        "value": "Light"
167
168
169
        "sleep_event_time_frame": {
        "start date time": "2019-02-20T03:30:00Z",
170
        "end date time": "2019-02-20T03:45:00Z"
171
172
        hame
173
        inhite.
174
175
        "sleep stage state": {
176
        "value": "REM"
177
        "sleep event time frame": {
178
        "start date time": "2019-02-20T03:45:00Z",
179
               "end date time": "2019-02-20T04:00:00Z"
180
181
        minh
182
        shimbe
183
            'sleep stage state" : {
184
        "value": "Awake"
185
186
         "sleep event time frame": {
187
        "start_date_time": "2019-02-20T04:00:00Z".
188
        "end date time": "2019-02-20T04:10:00Z"
189
190
        minh
191
        minh
192
        "sleep stage state": {
193
        "value": "Light"
194
195
```

```
"sleep event time frame": {
196
            "start date time": "2019-02-20T04:10:00Z",
197
               end date time": "2019-02-20T04:30:00Z"
198
199
        mount
200
       Link
201
202
        "sleep stage state" : {
       "value": "REM"
203
204
205
        "sleep event time frame": {
            "start date time": "2019-02-20T04:30:00Z",
206
              "end_date_time": "2019-02-20T04:50:00Z"
207
208
        minh
209
       210
        "is main sleep": true,
211
         "effective time frame": {
212
         "time interval": {
213
214
        "start date time": "2019-02-19T22:30:00Z",
             "end date time": "2019-02-20T04:50:00Z"
215
216
        لمشمة
217
       ......
218
219
        "sleep stage summary": [
220
             "total sleep time" {
221
             "value": 360,
222
        "unit": "min"
223
224
             "total sleep efficiency percentage": {
225
        "value": 86.8,
226
       "unit": "%"
227
228
           "rem sleep duration": {
229
        "value": 60,
230
        "unit": "min"
231
232
       Link
           "rem_sleep_percentage": {
233
           "value": 16.7,
234
        "unit": "%"
235
236
```

```
"light sleep duration": {
237
       "value": 180,
238
       "unit": "min"
239
240
         "light sleep percentage": {
241
       "value": 50,
242
       "unit": "%"
243
244
245
          "deep_sleep_duration": {
246
              ..."value": 90,
       "unit": "min"
247
248
          "deep_sleep_percentage": {
249
       "value": 25,
250
       "unit": "%"
251
252
       "awake sleep duration": {
253
254
       "value": 30,
255
       "unit": "min"
256
          "awake sleep percentage": {
257
258
       "value": 8.3,
       "unit": "%"
259
260
       "number of awakenings": 4,
261
       "descriptive_statistic": "average",
262
       "descriptive statistic denominator": "w"
263
264
        "effective time frame": {
265
        "time_interval": {
266
       "start date time": "2019-02-19T22:30:00Z",
267
       "end date time": "2019-02-26T22:30:00Z"
268
269
       .....t
    1 inte
270
271
```

Review Comments on snore-index Schema (1)

				Email Address of the person		
1	Schema Line or Line Range	Comments	Date (comment)	who made comments	Resolution	Date (resolution)
		what is the definition of "a				
		snore"? Does it mean a				
		snoring sequence of a min				
	4 and 39	duration or something else?	5-Dec-19	simona.carini@ucsf.edu		
		see comment elsewhere				
3	13	about this schema	5-Dec-19	simona.carini@ucsf.edu		
		the description does not				
		match what the array is				
1	47	modeling	5-Dec-19	simona.carini@ucsf.edu		
		please reference existing				
5	69	OmH value set body-posture	5-Dec-19	simona.carini@ucsf.edu		
		this should be effective-time-				
5	56	frame	5-Dec-19	simona.carini@ucsf.edu		
		not sure why this matters; also				
		a snoring bout has a duration				
		so what is the definition of				
7	66	the intensinty of it?	5-Dec-19	simona.carini@ucsf.edu		
		if the array includes bouts of				
		snoring, what it is the				
		definition of this property and				
В	53	its reason for being defined?	5-Dec-19	simona.carini@ucsf.edu		
		it is unclear how this property				
		refers to the measure: body				
		position changes during sleep				
		and possibly during a snoring				
9	69	event	5-Dec-19	simona.carini@ucsf.edu		

Review Comments on snore-index Schema (2)

	It is not clear what this instance describes: there is an array of events which refer to one night but the index is a			
	statistic defined as average			
10 sample data: instance 2	weekly.	5-Dec-19	simona.carini@ucsf.edu	
	same comment as for instance			
	2 and also reference to			
	questions above: this mean			
	that the snoring intensity was			
	exactly 90 dB for the full			
	duration of the snoring event			
	and the body position was			
11 sample data: instance 3	supine	5-Dec-19	simona.carini@ucsf.edu	
12				

```
□{
         "$schema": "http://json-schema.org/draft-07/schema#",
2
         "type": "object",
         "description": "This schema represents the snore index in a sleep session (main sleep or nap), i.e., the number of snores per hour. It can be used for a
         "definitions": {
                                     single measurement, or for the result of aggregating measurements over time. However, the result of aggregating measurements
           "unit value": {
             "$ref": "unit-value-1.x.json"
9
                                                                                                    would only be meaningful if they have the same type of sleep",
           "duration unit value": {
10
             "$ref": "duration-unit-value-1.x.json"
11
12
           "noise unit value": {
13
             "$ref": "noise-unit-value-1.x.json"
14
15
16
           "time frame": {
             "$ref": "time-frame-1.x.json"
17
18
           "body posture": {
19
             "$ref": "body-posture-1.x.json"
20
21
           "descriptive_statistic": {
22
             "$ref": "descriptive-statistic-1.x.json"
23
24
           "descriptive_statistic_denominator": {
25
             "$ref": "descriptive-statistic-denominator-1.x.json"
26
27
28
          "properties": {
29
           "snore_index": {
30
             "allOf": [
31
32
                 "$ref": "#/definitions/unit_value"
33
34
```

```
35
36
                  "properties": {
37
                    "unit": {
                      "enum": [
38
                        "snores/h"
39
40
41
42
43
44
45
46
            "snore events": {
              "description": "An array of snore events to describe each snore bouts with its time interval, its intensity and corresponding majority body posture
47
              "type": "array",
48
                                during an entire sleep session (main or nap). The duration for each snore bout is the time interval between the snoring start time and the stop time.",
              "items":
49
50
51
                  "type": "object",
                  "properties": {
52
                    "snored": {
53
                      "type": "boolean"
54
55
56
                    "snore_time_frame": {
                      "allOf": [
57
58
                          "$ref": "#/definitions/time frame"
59
60
61
                           "required": [ "time interval" ]
62
63
64
65
66
                    "snore intensity": {
                      "$ref": "#/definitions/noise unit value"
67
68
69
                    "body posture": {
                      "description": "body position during sleep",
70
71
                      "allOf": [
72
                          "$ref": "#/definitions/body posture"
73
74
```

PIEEE

```
75
                           "enum": [
 76
 77
                             "lying supine",
                             "lying prone",
 78
                             "side lying"
 79
 80
 81
 82
 83
 84
                   "required": [
 85
                     "snored",
 86
                     "snore_time_frame"
 87
 88
 89
 90
 91
 92
               "effective time frame": {
                 "description": "Effective time frame is restricted to be a time interval. For an individual measurement, this is the interval of time between when
 93
                 "allOf": [
 94
 95
                     "$ref": "#/definitions/time frame"
 96
 97
 98
                     "required": [ "time_interval" ]
 99
100
101
102
               "is main sleep": {
103
                 "type": "boolean"
104
105
               "descriptive statistic": {
106
                 "$ref": "#/definitions/descriptive_statistic"
107
108
               "descriptive_statistic_denominator": {
109
                 "any0f": [
110
111
112
                     "$ref": "#/definitions/descriptive_statistic_denominator"
113
```

```
114
                     "description": "If the value needed is a standard unit of duration, select from the duration-unit-value value set.",
115
                    "type": "string"
116
117
118
119
120
             "required": [
121
              "snore index",
122
123
              "effective_time_frame"
124
125
126
```

```
snore index sample data: instance #1
     ______
     "snore_index": {
5
6
     "value": 7
     "unit": "snores/h"
8
     . . . .
     "effective time frame": {
9
        "time_interval": {
10
     "start date time": "2019-02-05T22:00:00Z",
11
     "end date time": "2019-02-06T06:00:00Z"
12
13
     ~~~~
14
     Lile
15
     "is main_sleep": true
16
17
     18
     snore index sample data: instance #2
19
     ______
20
    ₽{
     "snore_index": {
21
     "value": 0.17
22
     "unit": "snores/h"
23
24
     . Like
25
     "snore events":
26
     minh
     "snored": {
27
     "value": false
28
29
     inhinte
     "snore time frame" {
30
     "start date time": "2019-02-05T22:00:00Z",
31
     "end date time": "2019-02-05T022:15:00Z
32
33
     minima
34
     minis
35
     "snored": {
36
     "value": true
37
38
     minute
     "snore time frame" {
39
     "start date time": "2019-02-05T22:16:00Z",
40
     "end date time": "2019-02-05T022:26:00Z"
41
42
     minimo
43
```

```
"snored": {
45
       "value": false
46
47
        "snore time frame" {
48
       "start date time": "2019-02-05T22:27:00Z",
49
       "end_date_time": "2019-02-06T006:00:00Z"
50
51
52
       لمستسلم
53
         "effective_time_frame": {
54
           "time_interval": {
55
       "start date time": "2019-02-05T22:00:00Z",
56
       "end date time": "2019-02-06T06:00:00Z"
57
58
59
       Lite
60
       "is main sleep": true.
         "descriptive_statistic": "average".
61
       "descriptive statistic denominator": "w"
62
63
64
65
       snore index sample data: instance #3
66
67
       "snore_index": {
68
       "value": 0.17.
"unit": "snores/h"
69
70
71
       "snore events": [
72
73
       "snored": {
74
       "value": false
75
76
       "snore time frame" {
77
       "start date time": "2019-02-05T22:00:00Z",
"end date time": "2019-02-05T022:15:00Z"
78
79
80
       minimi
81
```

```
82
        Limina
             "snored": {
 83
        "value": true
 84
 85
        minute
 86
             "snore time frame" {
        "start date time": "2019-02-05T22:16:00Z",
 87
        "end date time": "2019-02-05T022:26:00Z"
 88
 89
        minute
 90
        Luhamp
 91
        "snore_intensity":.{
                 "value": 90,
 92
        "unit": "dB"
93
 94
 95
        inminite
 96
        homomorphisch
        "body_posture": {
97
                 "value": "lying supine"
98
99
        homboord
100
        mini
101
        minh
102
        Link
        "snored": {
103
        "value": false
104
105
         "snore time frame" {
    "start date time": "2019-02-05T22:27:00Z",
106
107
        "end date time": "2019-02-06T006:00:00Z"
108
109
        ininit
110
        hama
111
112
        "effective time frame": {
            "time_interval": {
113
        "start date time": "2019-02-05T22:00:00Z"
114
        "end_date_time": "2019-02-06T06:00:00Z"
115
116
        him
117
        Like
        "is main sleep": true.
118
          "descriptive_statistic": "average",
119
        "descriptive statistic denominator": "w"
120
121
```

Review Comments on wake-after-sleep-onset Schema (1)

				Email Address of the person		
1	Schema Line or Line Range	Comments	Date (comment)	who made comments	Resolution	Date (resolution)
		suggested wording: "This				
		schema represents the				
		summary duration of all				
		awakenings after sleep onset				
	4	in a main sleep session."	9-Dec-19	simona.carini@ucsf.edu		
		suggest to add also the				
		definition of awakening (i.e.,				
3	4	minimum duration)	9-Dec-19	simona.carini@ucsf.edu		
		recommend choosing a				
		standard way of referring to				
		episodes and using it				
		throughout (right now we				
		have: bout, episode, event in				
4	24	various schemas)	9-Dec-19	simona.carini@ucsf.edu		
		there is no need to name the				
		individual elements of the				
5	31	array	9-Dec-19 simona.carini@ucsf.edu			
		this is not accurate: For an				
		individual measurement, this				
		is the accumulated interval of				
		awaken time after a person's				
5	41	sleep onset.	9-Dec-19	simona.carini@ucsf.edu		
		Thisn seems to me to apply to				
		the schema description: This				
		WASO time accumulation				
		ends when the person stops				
		trying to fall asleep again (i.e.				
		some time after final				
		awakening may be part of				
		WASO if the person continues to try to go sleep).		simona.carini@ucsf.edu		

Review Comments on wake-after-sleep-onset Schema (2)

		this may be an artifact of my			
		text editor but I see several			
		properties where the : and			
		then the opening { are each on			
		a different line: both should			
		follow the property name on			
		the same line, e.g.,			
8	38 and others	"effective_time_frame": {	9-Dec-19	simona.carini@ucsf.edu	
		add description as per recent			
9	51 and 56	discussion	9-Dec-19	simona.carini@ucsf.edu	
		update array as per comment			
10	sample data: instance #1	above	9-Dec-19	simona.carini@ucsf.edu	
		add one instance showing			
11	sample data	only the required properties	9-Dec-19	simona.carini@ucsf.edu	
		see comment in other			
		schemas: I believe you mean			
12	sample data: instance #2 line	average daily	9-Dec-19	simona.carini@ucsf.edu	
13					
14					

```
1
     ⊟{.
         "$schema": "http://json-schema.org/draft-07/schema#",
2
         "type": "object",
3
         "description": "This schema represents the measurement of accumulated wake up duration after sleep onset in a main sleep session.",
         "definitions": {
6
           "duration unit value": {
             "$ref": "duration-unit-value-1.x.json"
8
9
           "time frame": {
10
             "$ref": "time-frame-1.x.json"
11
12
           "descriptive statistic": {
13
             "$ref": "descriptive-statistic-1.x.json"
14
15
           "descriptive statistic denominator": {
16
             "$ref": "descriptive-statistic-denominator-1.x.json"
17
18
19
          "properties": {
20
           "wake_after_sleep_onset": {
21
             "$ref": "#/definitions/duration unit value"
22
23
           "wake bout durations": {
24
             "description": "An array of awakening bout durations contains the duration of each awakening bout after sleep onset in an entire sleep session.",
25
26
             "type": "array",
27
             "items": [
28
                  "type": "object",
29
30
                 "properties": {
                   "wake bout duration": {
31
32
                     "$ref": "#/definitions/duration_unit_value"
33
34
35
36
37
```

```
"effective time frame"
38
39
40
              "description": "As a measure of a duration, wake after sleep onset should not be associated to a date time frame. Hence, effective time frame is
41
              "allOf": [
42
                                                             restricted to be a time interval. For an individual measurement, this is the accumulated interval of
43
                  "$ref": "#/definitions/time frame"
44
                                                              awaken time after a person's sleep onset. This WASO time accumation ends when the person stops trying
45
46
                  "required": [ "time interval" ]
47
                                                    to fall asleep again (i.e. some time after final awakeining may be part of WASO if the person continues to try to sleep).
48
49
                                      For a summary measurement, this is the interval of time between the beginning of the first measurement and the end of the last measurement.
50
            "descriptive statistic"
51
52
53
              "$ref": "#/definitions/descriptive_statistic"
54
55
            "descriptive statistic denominator"
56
57
58
              "anyOf": [
59
60
                  "$ref": "#/definitions/descriptive_statistic_denominator"
61
62
                },
63
                  "description": "If the value needed is a standard unit of duration, select from the duration-unit-value value set.",
64
                  "type": "string"
65
66
67
68
69
         },
70
         "required": [
71
            "wake after sleep onset",
72
           "effective_time_frame"
73
74
75
```

```
wake after sleep onset sample data: instance #1
      ______
      "wake after sleep onset": {
      "value": 35,
      "unit": "min"
      andre.
      "wake bout durations": [
10
      "wake bout duration": {
11
      "value": 15.
12
      "unit": "min"
13
14
      minimi
15
      .i.i.i.e
16
      المحتممة
      "wake bout duration": {
17
      "value": 12,
18
      "unit": "min"
19
20
      minime
21
      . Link
22
      www
23
      "wake bout duration" {
      "value": 8.
24
      "unit": "min"
25
26
      minima
27
28
      "effective time frame": {
29
      "time_interval": {
30
      "start_date_time": "2019-02-05T22:00:00Z".
31
      "end date time": "2019-02-06T06:00:00Z"
32
33
      him
34
      Annah
35
```

```
36
       ^^^^^
37
      wake after sleep onset sample data: instance #2
38
39
     "wake after sleep onset": {
40
       "value": 31,
"unit": "min"
41
42
43
      . Like
       "effective time frame": {
44
45
       "start date time": "2019-02-05T22:00:00Z",
46
       "end date time": "2019-02-11T06:00:00Z"
47
48
       . Le
49
       "descriptive statistic": "average".
"descriptive statistic denominator": "w"
50
51
52
```

Next Steps

- ➤ Prepare the revised version of 1st batch schemas for WG to review
- ➤ Prepare the revised version of 2nd batch schemas for WG to review
- ➤ Get ready to distribute generic survey documents and schemas by TBD

Action Items

- Address the WG comments on 1st batch schemas by Jan 20 (Distribute on TBD)
- Address the main WG comments on 2nd batch schemas by Feb 21 (Distribute on TBD)



Future Meetings

- Continue with Tuesdays at 8:00 AM Pacific / 11:00 AM
 - Eastern
- Upcoming meetings
 - Feb 4, 2020

Adjournment